

The background of the cover is a complex geometric pattern. It features a grid of white and dark purple diamonds. Overlaid on this grid are various colorful line art elements, including zig-zags, arrows, and organic shapes in shades of yellow, green, blue, and orange. In the top right corner, there is a black rectangular box containing the journal's logo and issue information.

HK

Issue 1.3  
March 2019

# HUMAN/KIND

Journal of Topical & Contemporary  
Japanese Short-forms & Art



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# HUMAN/KIND

Journal of Topical and Contemporary  
Japanese Short-forms and Art

Issue 1.3  
March 2019

Founder/Chief Editor: Robin Anna Smith

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Aparna Pathak

Cover Art: *Constructing Chaos*  
by Shloka Shankar

*Special thanks to Mark Gilbert for his assistance with proofreading.*







Special Issue:

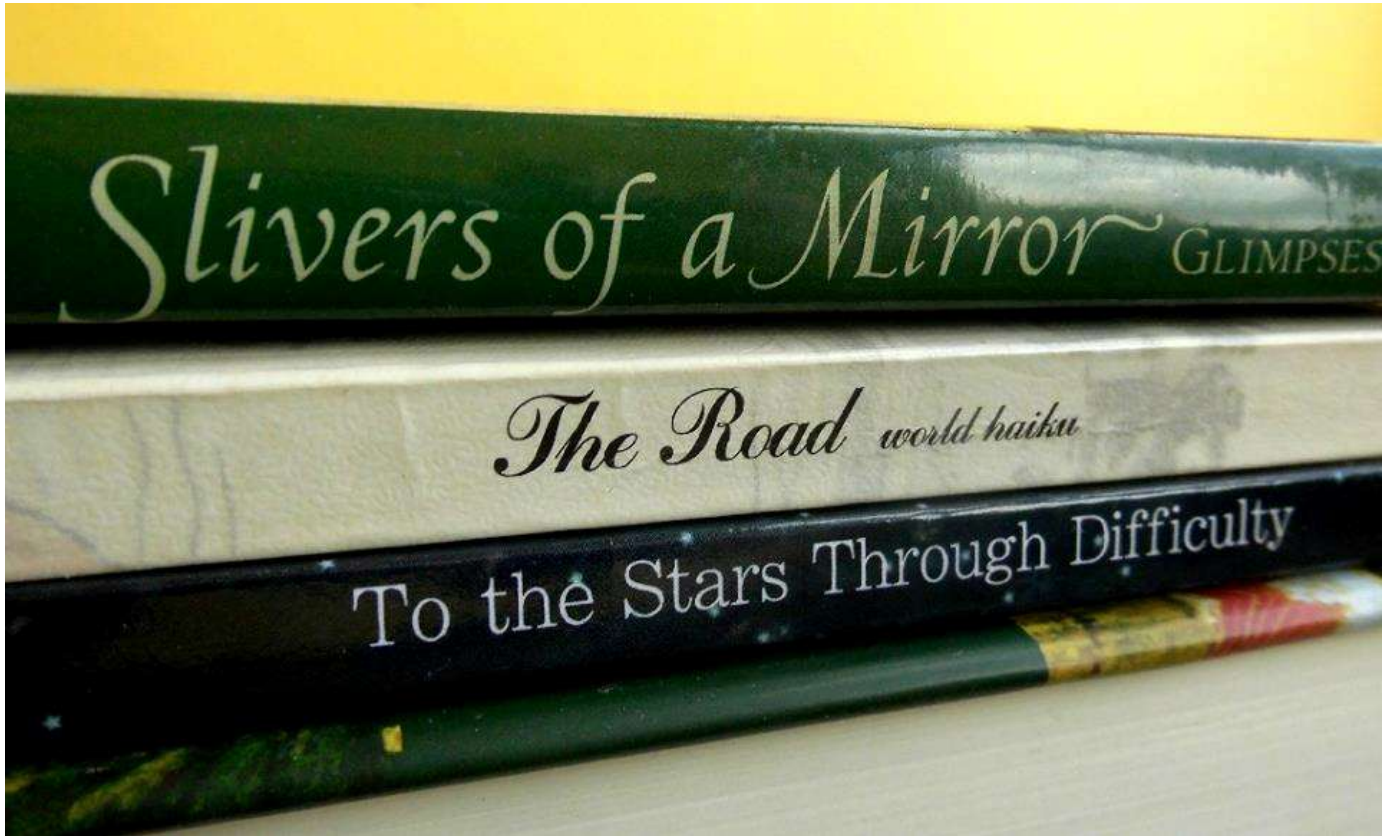
Found Poetry



# Contributors

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## **Slivers of a Mirror**

Norman Darlington

Source: *Slivers of a Mirror: Glimpses of the Ghazal*, by Shama Futehally; *The Road: world haiku*, editor Ginka Biliarska; *To the Stars Through Difficulty: A Kansas Renga in 150 Voices*, by Caryn Mirriam-Goldberg.



## COLOR WONDER

*How to ice and  
paint festive  
cutout cookies*

If you don't mind imperfections, just spread royal icing on cutout cookies using the back of a spoon, a small knife or a paintbrush. For cleaner edges, pipe a border with stiffer icing, let it dry, and then thin the remaining icing to "flood" the center of the cookie. Let dry completely—ideally overnight.

**2** Gather your colors. For the best results, do not use ordinary liquid food coloring. Instead, look for gel paste dye in little jars. (Wilton is the most common brand, available at crafts stores in lots of hues.) You can also use a liquid gel dye, such as Americolor, but that's harder to find.

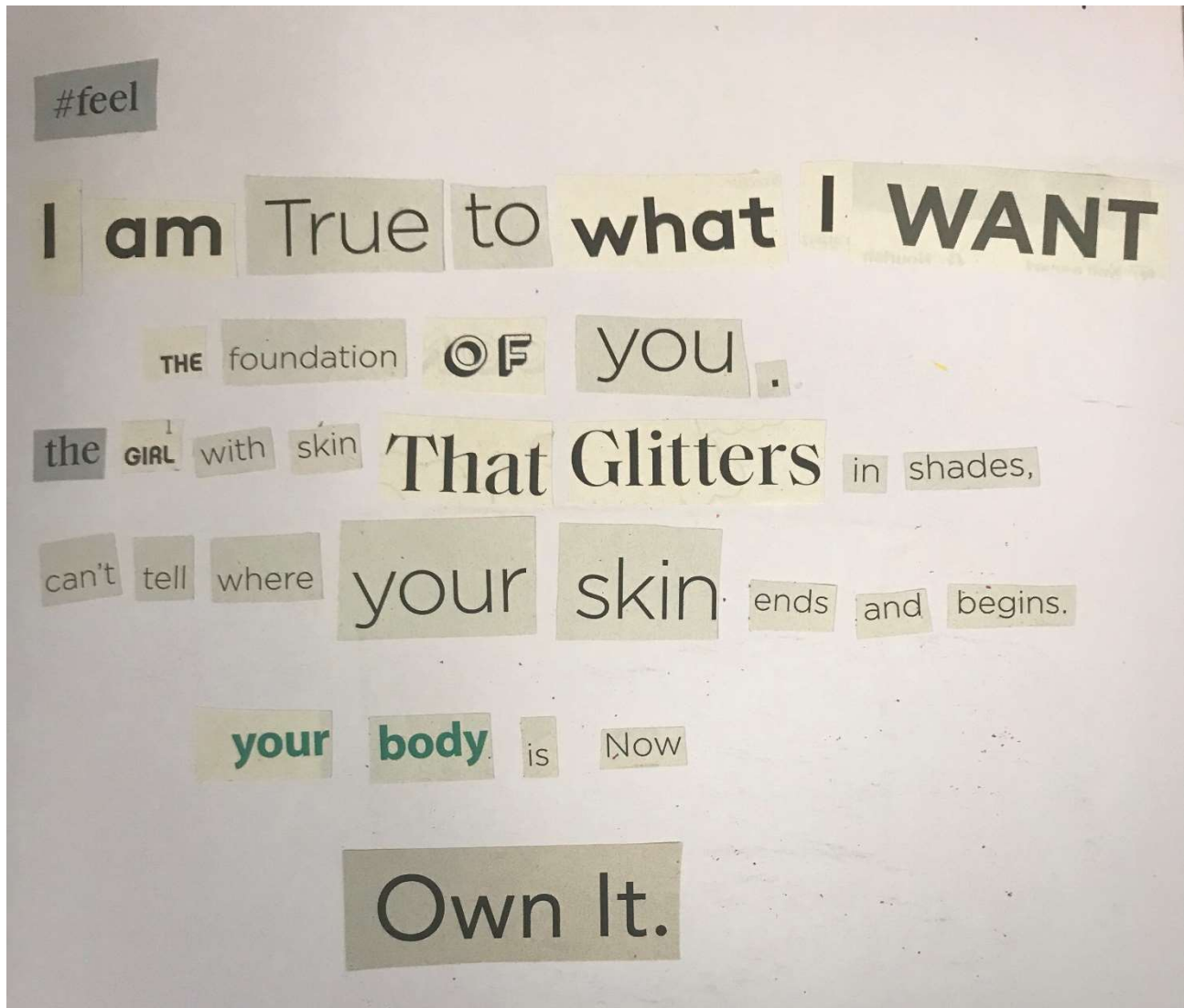
**3** Dab colors on a plate, like a palette, or in tiny bowls, and dilute or mix as you like. For gel paste dye, dilute by dipping your brush in vodka. (Unlike water, it evaporates quickly as it dries, so the icing won't get soggy.) If you use liquid gel dye, which is thinner, water should be fine. Rinse brush in water between colors.

**imperfections**

Valentina Ranaldi-Adams

Source: *Midwest Living Magazine*, Issue Nov/Dec 2017, "Painted Cookies."



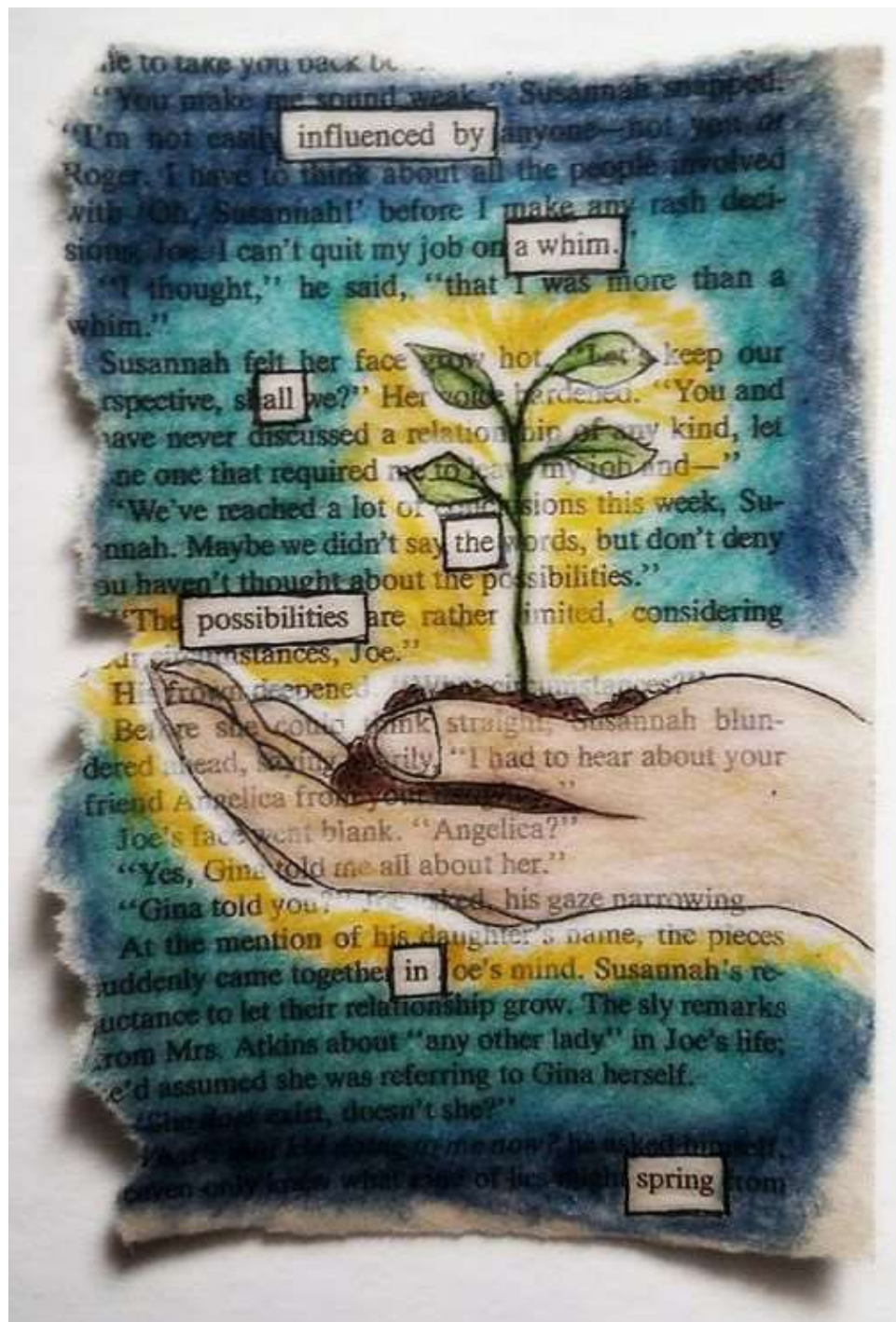


**#Feel**

Callie McCann-Eros

Source: *Glamour Magazine*, December 2018.





## Possibilities

Babs McGrory

Source: *Monkey Wrench*, by Nancy Martin.



**That Awkward Age**  
*A Cento Based Upon an Index  
of First Lines of Poems, Letter I*

Photo: Unsplash

I am fourteen.  
I am too young to grow a beard.  
I celebrate myself, and sing myself.  
I am: yet what I am none cares or knows.

I dream of journeys repeatedly —  
In all those stories the hero . . .  
I can feel the tug.  
I am fourteen.

—Bill Waters

**That Awkward Age**

Bill Waters

Source: *The Norton Anthology of Poetry* (3rd edition). Audre Lorde; Thom Gunn; Walt Whitman; John Clare; Theodore Roethke; Robert Creeley; Seamus Heaney; Audre Lorde. Image: *Unsplash.com*.





## **Dreams Begin**

Terri L. French

Source: Unknown, old travel guide.





## **The Cook & the Gardener**

Norman Darlington

Source: *The Cook and the Gardener: A Year of Recipes and Writings for the French Countryside*, by Amanda Hesser; *That First Time: Six renga on love*, by Hiroaki Sato; *In a borrowed tent: Ninety nine haiku*, by Steve Shapiro.



# WILDERNESS

~~enny and Linda on the way to Chelan,~~  
~~Transmission's shot, no back up plan~~  
~~Will they hitch a ride?~~  
~~Or get into a fight?~~

~~Moved to the West Coast~~  
~~Packed up their things~~  
~~The winters are gray~~  
~~Now so are the dreams~~  
~~They tried, to make it all right~~

~~All our little wishes have run dry~~  
~~Made it to the water, waded in the lies~~  
~~When we felt the heat~~  
~~Couldn't turn it into fire~~  
~~Too caught up in our own desires~~

~~Said "I do" in the month of May~~  
~~Said "I don't" the very next day~~  
~~Will they try again?~~  
~~Or is it doom for them?~~

~~Moved to a city~~  
~~Where hippies run wild~~  
~~Everything's white~~  
~~Now so are the smiles~~  
~~They tried, to fight the good fight~~

~~We're split right in half~~  
~~It's making me crazy~~  
~~A two-headed brat~~  
~~Tied to the other for life~~

~~A family feud~~  
~~The Red and the Blue now~~  
~~It's Truth against Truth~~  
~~I'll see you in hell, I don't mind~~

## Wilderness

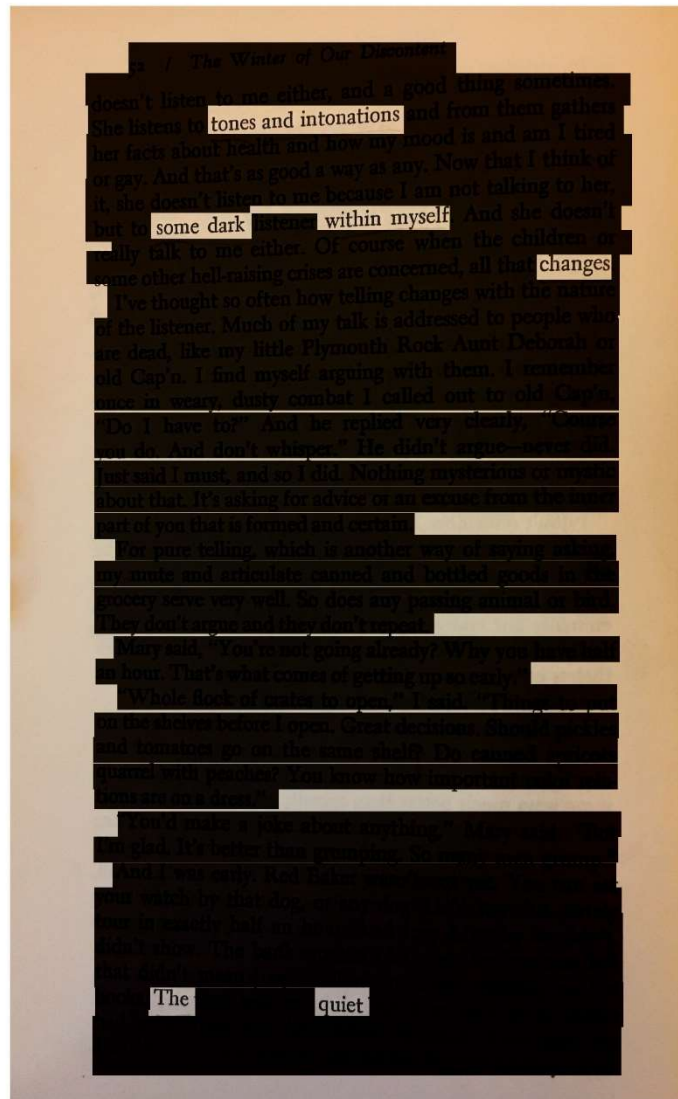
Stacey Balkun

Source: "Wilderness." Songwriters: Carrie Rachel Brownstein, Corin Lisa Tucker, Janet Lee Weiss. Wilderness lyrics © BMG Rights Management. Image: Album cover.









tones

Rich Schilling

Source: *The Winter of Our Discontent*, by John Steinbeck.





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THOUGHTS**

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rubbed out  
by the use of  
the magical

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john hawkhead

**four star**

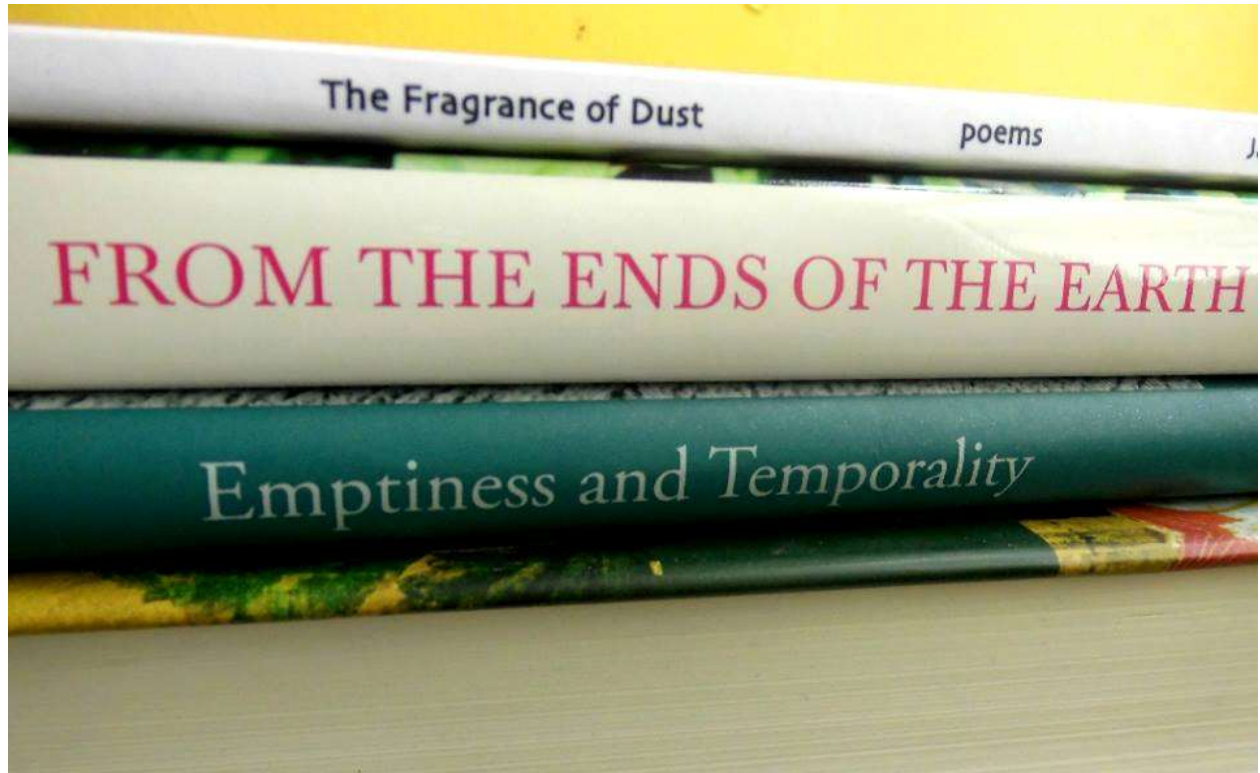
John Hawkhead

Source: Advertisement from unknown vintage magazine.









## **The Fragrance of Dust**

Norman Darlington

Source: *The Fragrance of Dust: Haiku, Stories, Poems*, by James Norton; *From the Ends of the Earth: Passionate Plant Collectors Remembered in a Cornish Garden*, by Christian Lamb; *Emptiness and Temporality: Buddhism and Medieval Japanese Poetry*, by Esperanza Ramirez-Christensen.





## **Dadaist poem**

Marianne Paul

Source: *Read & Riot: A Pussy Riot Guide to Activism*, by Nadya Tolokonnikova.





**safe and warm?**

Mark Gilbert

Source: Advertisement publicising a charity appeal from Unicef UK to aid Syrian refugees, Donington Services, Derbyshire, January 2019.



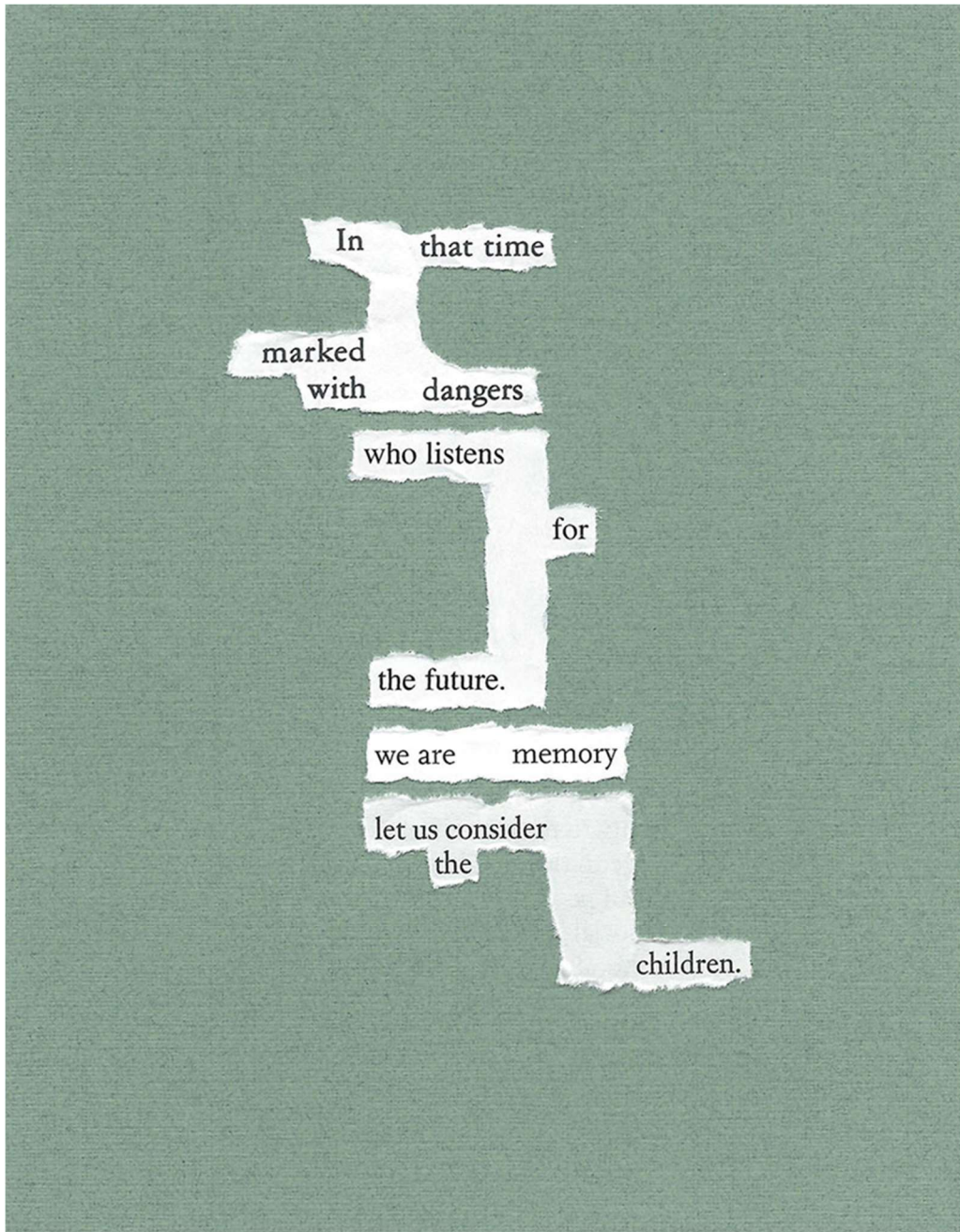


**our old gods**

David J Kelly

Source: Donald J. Trump, State of the Union Address, February 5, 2019.



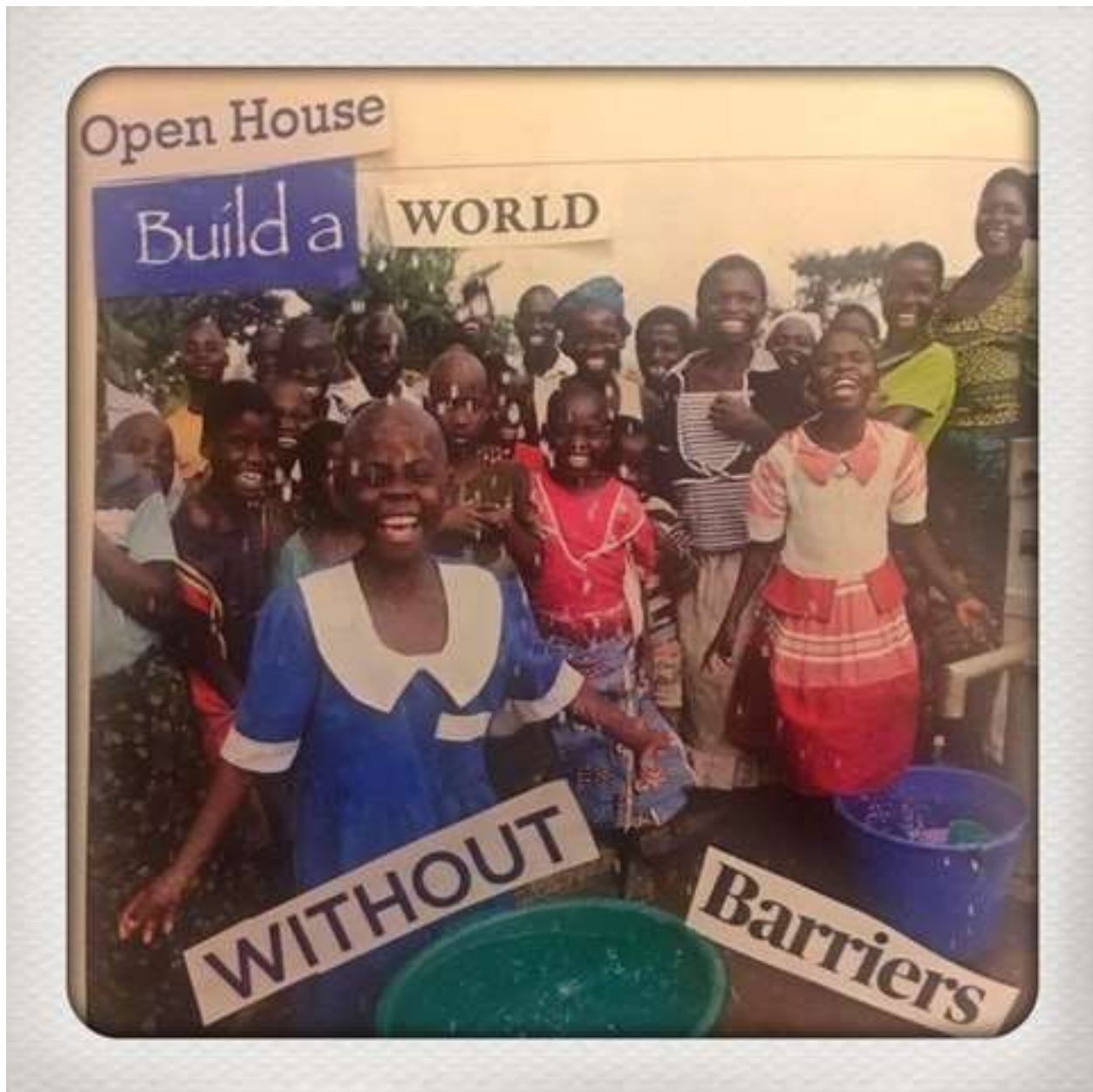


**In that time**

J.I. Kleinberg

Source: *Cultural Survival*, Fall 1991; *Residential Architecture*, April 2005; *Orion*, December 2016; *The Nation*, April 6, 2015.





## **Open House**

Terri L. French

Source: *World Ark Magazine*, Heifer International, Fall 2013.



important adjustments in focus, and the future promise of empathy research if these trends continue and expand.

Compared to many other animals on the planet, human beings are small, slow and weak. And yet, we have unequivocally won the cross-species competition for global domination. What allowed us, as physical underdogs, to claim this unlikely victory?

Although many answers may be offered to this question, psychologists increasingly believe that it is our interpersonal faculties, especially our ability to cooperate with and understand others, that have supported our species' success<sup>1</sup>. These abilities, in turn, are supported by the multifaceted psychological construct of empathy. Empathy comprises related but distinct processes through which 'perceivers' (individuals focusing on another person's internal states) relate to 'targets' (individuals who are the focus of perceivers' attention). Although the literature on empathy has used a raft of overlapping terms to describe these processes, we find it useful to group them into three broad classes, which are depicted in Figure 1 alongside some allied terms from the literature. The three include (i) experience sharing: vicariously sharing targets' internal states<sup>2</sup>, (ii) mentalizing: explicitly considering (and perhaps understanding) targets' states and their sources<sup>3</sup>, and (iii) prosocial concern: expressing motivation to improve targets' experiences (for example, by reducing their suffering)<sup>4</sup>.

Over the last two decades, neuroscientists have devoted a large and growing amount of attention to the neural bases of human empathy.

By now, however, the field is becoming increasingly focused on the neural bases of experience sharing and mentalizing, and now examining the role of these processes in this research as encompassing each of the three classes.

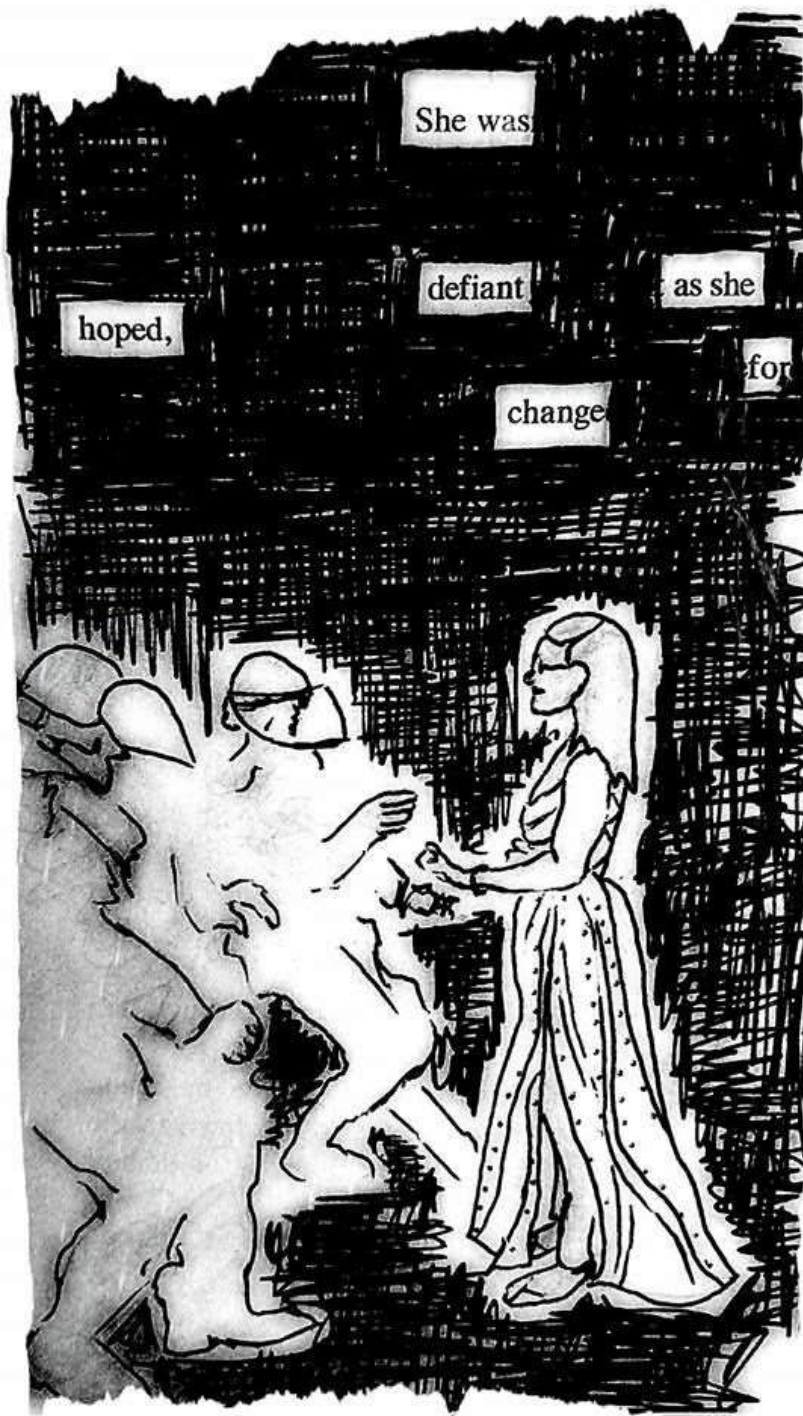
A tale of two fields: The field of experience sharing is often ostensible and respect served by being is often perceived by the perceiver they experience (or know). Neural research on experience sharing as pain and suffering by asking (Fig. 2b) structure: represent states in the future, particularly for an our and mentalizing.

## Empathy

Kimberly Burnham

Source: *Nature Neuroscience*, "The neuroscience of empathy: progress, pitfalls and promise." by Zaki, J. and K. N. Ochsner.



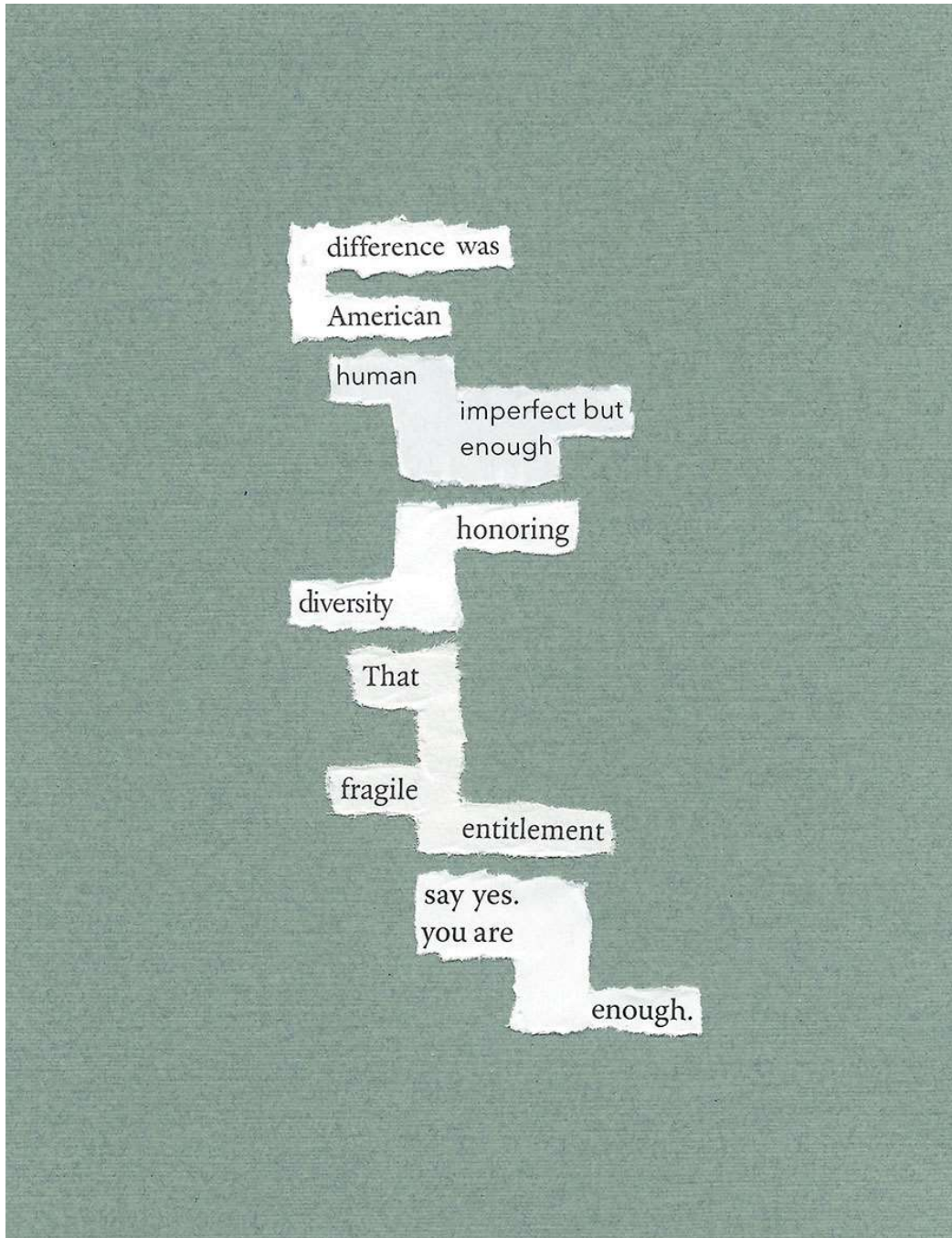


## Defiant

Babs McGrory

Source: *Loveknot*, by Marisa Carroll.



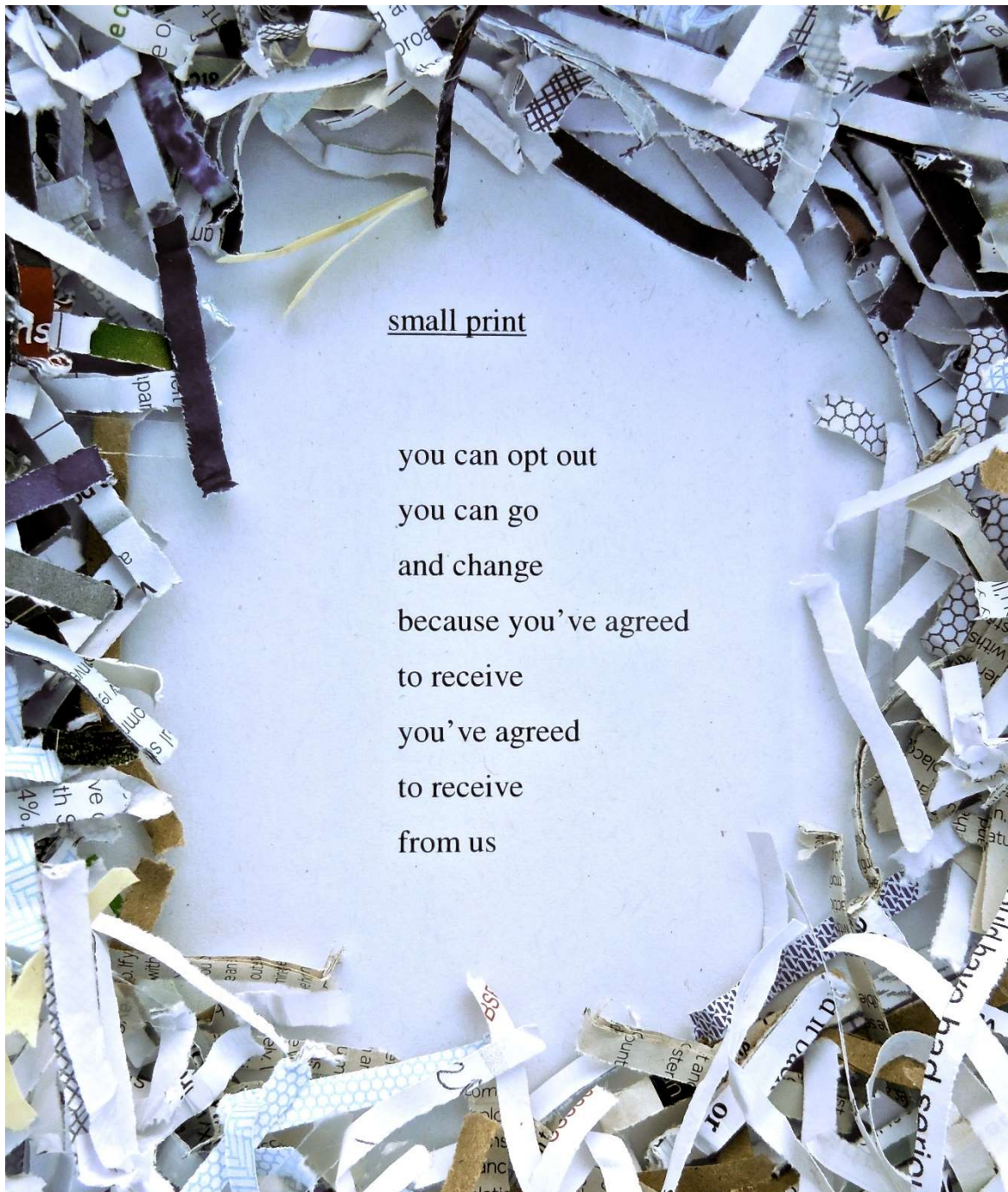


**difference was American**

J.I. Kleinberg

Source: *Cook's*, October 2005; *Dwell*, January 2010; *Wilson Quarterly*, Spring 2000; *London Review of Books*, January 25, 2018; *The Sun*, April 2017.





**small print**

Mark Gilbert

Source: Letter promoting [www.connexionscard.com](http://www.connexionscard.com).









**we follow the rules**

David J Kelly

Source: Donald J. Trump, State of the Union Address, February 5, 2019.



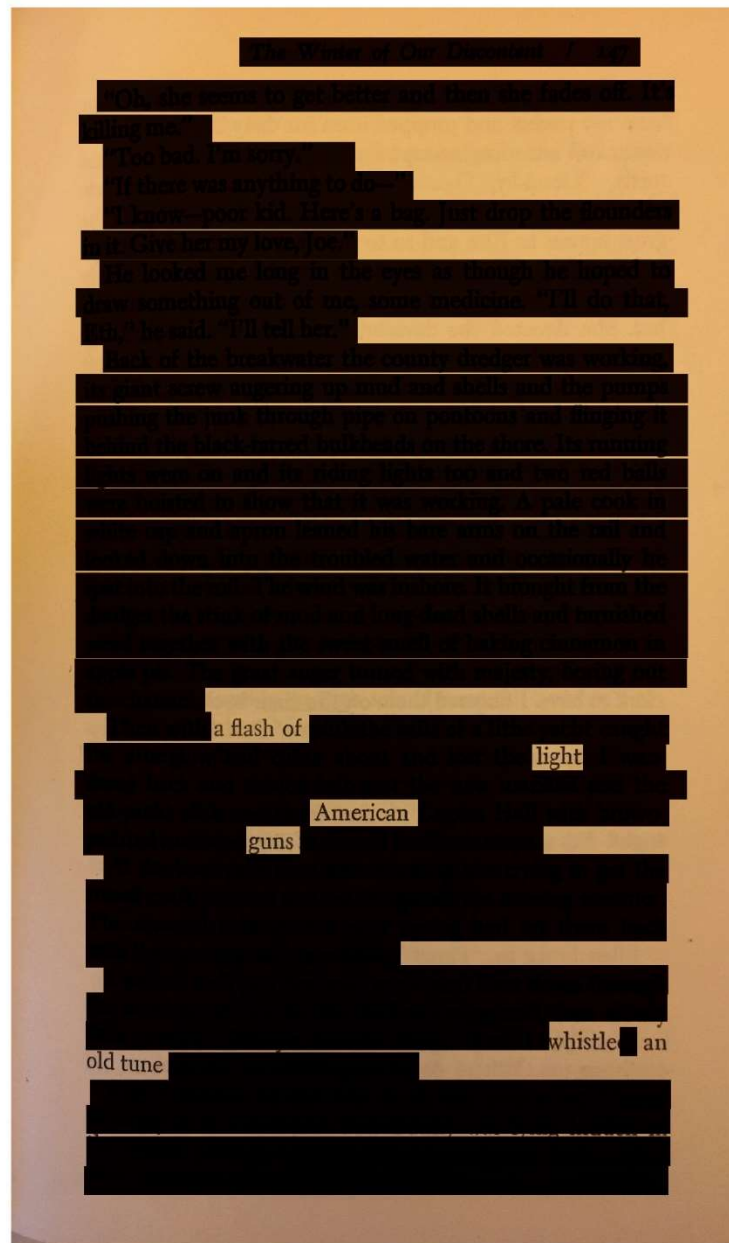


## The Last Full Measure of Devotion

Bill Waters

Source: *To the Last Cartridge*, by Robert Barr Smith; *To the Last Man*, by Jeff Shaara; *Leaving Everything Most Loved*, by Jacqueline Winspear; *No Surrender*, by Hiroo Onoda.





**flash of light**

Rich Schilling

Source: *The Winter of Our Discontent*, by John Steinbeck.





## **gale-force winds**

Debbie Strange

Source: *Canadian Automobile Association Magazine*, Spring 2019.



never again

the horror of

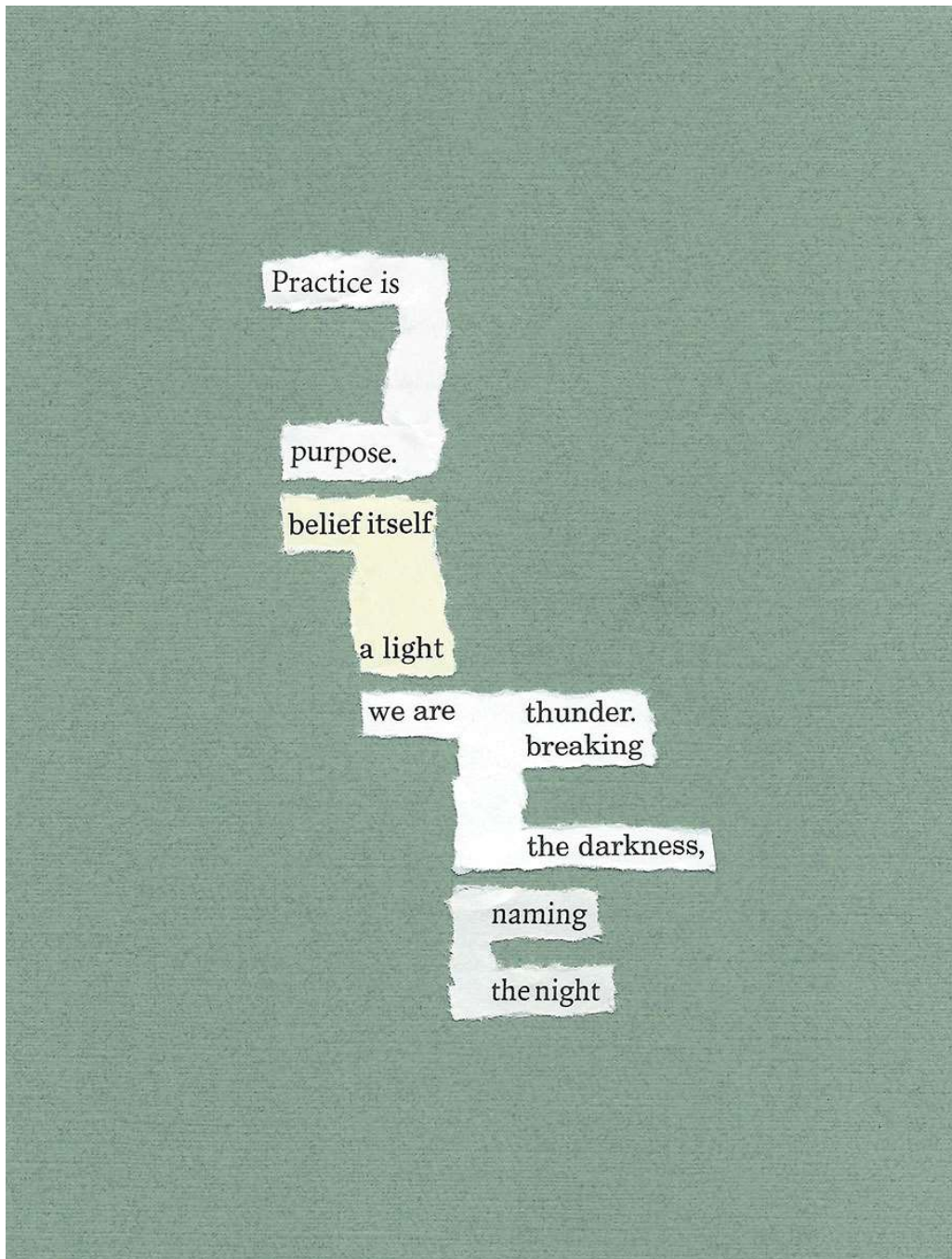
common sense

**never again**

David J Kelly

Source: Donald J. Trump, State of the Union Address, February 5, 2019.





## **Practice is purpose**

J.I. Kleinberg

Source: *Lion's Roar*, January 2017; *American Scholar*, Winter 2017; *High Country News*, September 24, 2017; *London Review of Books*, April 17, 2016.





“My bones are the skies and the earth.”

### My Bones

Dainy Bernstein

Source: סידור השלם החדש בית תפלה. נוסח ספרד. (The Complete New Siddur [Prayerbook] Beth Tefilah. Nusach Sfarad [liturgical rite of Hasidic Jews].) Miller Publishers. Jerusalem, 1990.





## What Are These

between two stands of trees  
where the grass breaks off  
into shadows. I walk there  
picking mushrooms, fooled  
this is somewhere else  
closer to truth. I tell you  
the place is the dark mesh  
of ghosts I want to make disappear.

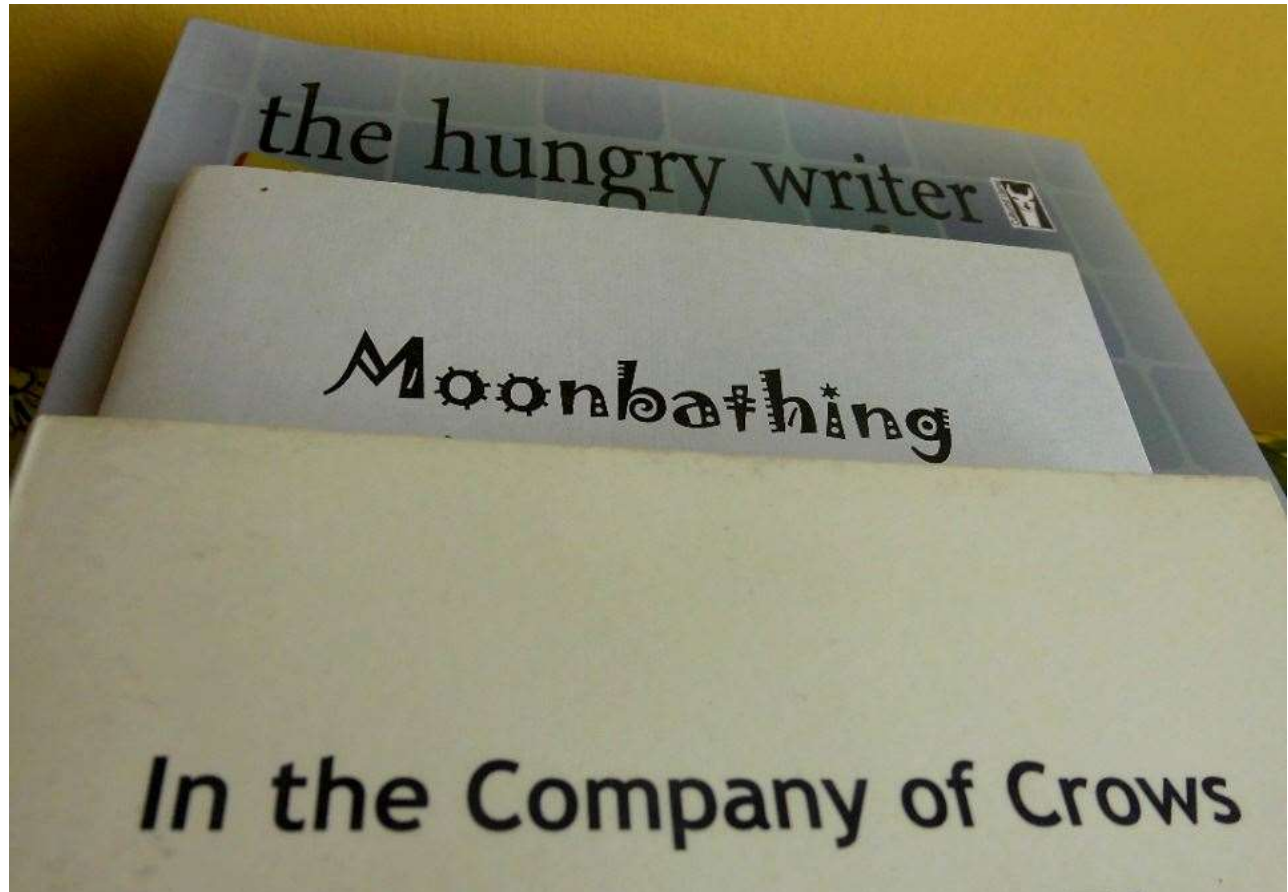
I tell you why  
you listen, listen  
it's necessary.

## What Are These

John C. Mannone

Source: "What Kind of Times Are These," by Adrienne Rich. Photograph by author, "Bloody Lane at the Antietam National Battlefield."



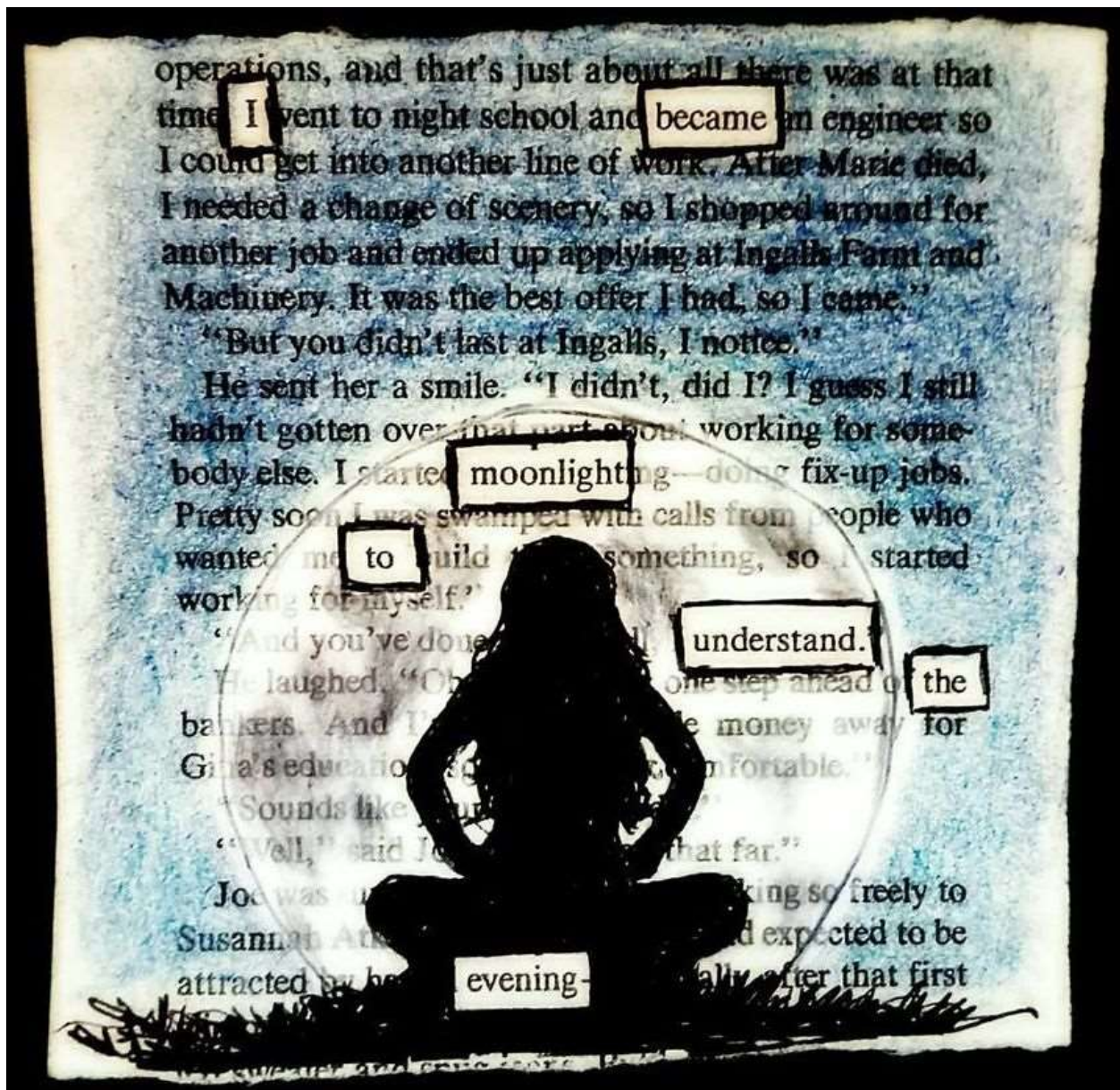


**the hungry writer**

Norman Darlington

Source: *The Hungry Writer*, by Lynne Rees; *Moonbathing: A Journal of Women's Tanka*, edited by Pamela A. Babusci; *In the Company of Crows: Haiku and Tanka Between the Tides*, by Carole MacRury.



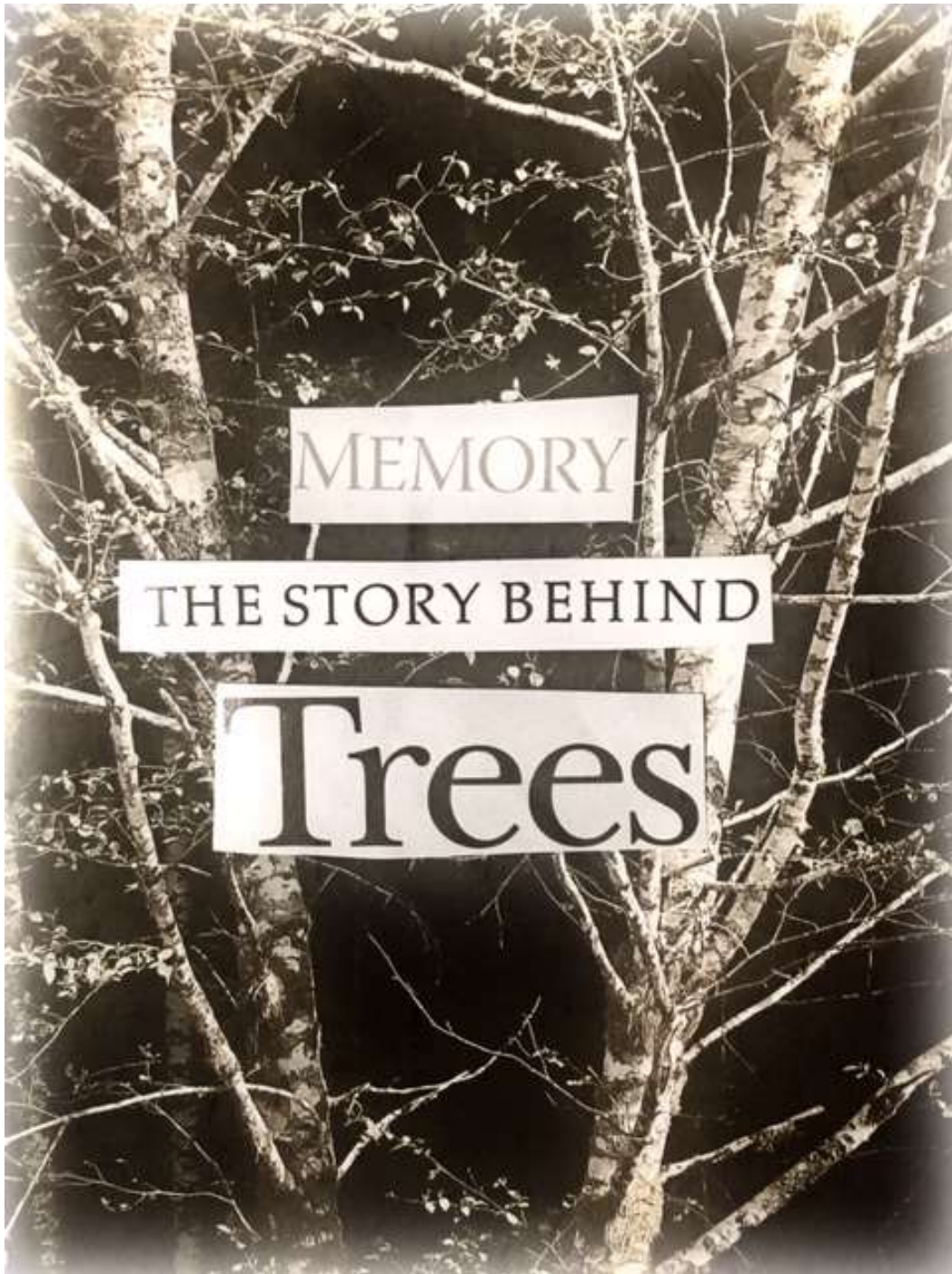


## I Became Moonlight

Babs McGrory

Source: *Monkey Wrench*, by Nancy Martin.



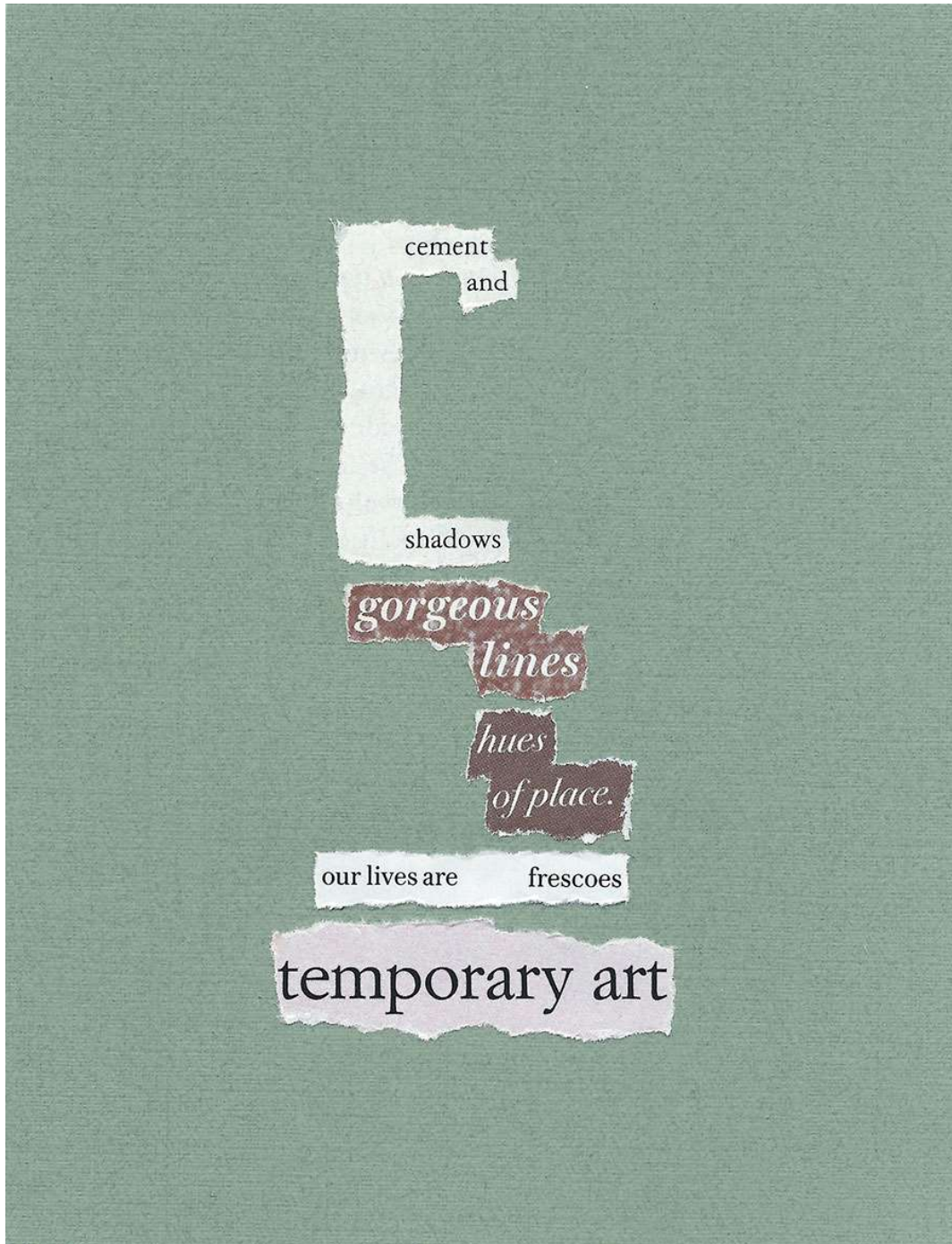


## **Memory**

Terri L. French

Source: Unknown, old travel guide.





## **cement and shadows**

J.I. Kleinberg

Source: *Publishers Weekly*, July 4, 2016; unknown; *Architect*, October 2015; *Afar*, June 2016; unknown.



# Biographies

**Stacey Balkun** is the author of three chapbooks, including *Eppur Si Muove* (forthcoming). Her work has appeared in *Best New Poets 2018* & other anthologies & journals. Chapbook Series Editor for Sundress Publications, Stacey holds an MFA from Fresno State and teaches poetry online. Visit her online at [www.staceybalkun.com](http://www.staceybalkun.com).

**Dainy Bernstein** (New York) Dainy grew up in Brooklyn, NY. She creates poems from the *siddur* she used every day for almost ten years as a way to grapple with and reclaim her past. Dainy is also a PhD candidate at the CUNY Graduate Center, studying Haredi children's literature. She teaches at Lehman College.

**Adam T. Bogar** is a Hungarian translator and independent scholar living in Folkestone, UK. He is a member of the Kurt Vonnegut Society, the Milton Society of America and the British Haiku Society. His website ([atbogar.wordpress.com](http://atbogar.wordpress.com)) contains an updated list of publications.

**Kimberly Burnham** Brain health expert and poet, Kimberly's 2019 project is world peace and inner peace with her recently published book, *Awakenings: Peace Dictionary, Language and the Mind, a Daily Brain Health Program*.

**Norman Darlington** is a past editor of *Simply Haiku*, *Moonset*, *Whirligig* and *Journal of Renga & Renku*. He has been awarded for his work in haibun, renku and translation, and has penned collaborative poetry with William J. Higginson, John Carley, Nobuyuki Yuasa and Hiroaki Sato among others. He lives in rural Ireland.

**Terri L. French** is the Secretary of The Haiku Foundation. She is past Southeast Regional Coordinator for The Haiku Society of America and former editor of *Prune Juice Journal* of senryu and kyoka. Terri was recently added to the editorial team of the online journal *Haibun Today*.

**Mark Gilbert** writes poetry and prose and his recent work can be found in *Haibun Today*, *Presence* and *Failed Haiku*. Occasionally his poems are displayed on the streets of Washington DC or Nottingham, UK.

**John Hawkhead** (Bradford on Avon, UK) is a poet and artist from the south west of England. His book of haiku *Small Shadows* is available from Alba Publishing. You may like his twitter feed of haiga and haiku at <https://twitter.com/HawkheadJohn>.



**David J Kelly** (Dublin, Ireland) Despite a scientific training, David has a fascination with words and the music of language. He enjoys writing Japanese short forms and has been published in a number of print and online journals. His first collection *Hammerscale from the Thrush's Anvil* – Alba was published in November 2016.

**J.I. Kleinberg** Artist, poet, and freelance writer, she is a Best of the Net and Pushcart nominee. Her found poems have appeared in *Diagram*, *Heavy Feather Review*, *Rise Up Review*, *The Tishman Review*, *Hedgerow*, *Otoliths*, and elsewhere. She lives in Bellingham, WA, and posts about poetry most day at [thepoetrydepartment.wordpress.com](http://thepoetrydepartment.wordpress.com).

**John C. Mannone** has work in *Blue Fifth Review*, *Poetry South*, *Peacock Journal*, *Baltimore Review*, and others. He won the Jean Ritchie Fellowship (2017) in Appalachian literature and served as celebrity judge for the NFSPS (2018). He has three poetry collections and edits poetry for *Abyss & Apex* and others. [jcmannone.wordpress.com](http://jcmannone.wordpress.com).

**Callie McCann-Eros** is a proud queer woman, millennial, wife, and foster mom. She works a normal 8-5 desk job in a small state on the East Coast, but spends her leisure time consuming media and writing poetry. Follow her poetry blog at [beneath-the-ink.tumblr.com](http://beneath-the-ink.tumblr.com)

**Babs McGrory** Determined poet, enthusiastic shutterbug, budding eco-warrior, manic-depressive, carbon-based idea machine. Twitter: @VowelMouthPoet / Ig: b.inkstuff / Ig: Just Delmarvalous / fb: TREAD Delmarva. In my spare time, I also cover & uncover a lot of crap at an alter-ego bi-polar blog: [LitterboxRiotBlog.wordpress.com](http://LitterboxRiotBlog.wordpress.com). I think I'm 184 in cat years.

**Marianne Paul** is a Canadian poet, novelist and, recently, an amateur bookbinder. She has won the Vancouver Cherry Blossom Festival haiku contest and the inaugural Jane Reichhold Memorial Haiga Competition. Marianne posts her words and art on Instagram @ms.haiku, Twitter @mariannepaul and on her websites: [www.mariannepaul.com](http://www.mariannepaul.com) and [www.literarykayak.com](http://www.literarykayak.com).

**Valentina Ranaldi-Adams** was born in the USA, to parents from Arpino, Italy. She attended the University of Akron, where she earned a Bachelor of Science Degree, in Mathematics. Valentina worked as a computer programmer, for the Goodyear Tire and Rubber Company. Her haiku and senryu have appeared in journals such as *cattails*, *chrysanthemum*, *failed haiku*, *Frogpond*, *Presence*, and *Wild Plum*.

**Rich Schilling** lives in Webster Groves, Missouri with his wife and three kids. He has been published in *Mayfly*, *Modern Haiku*, *Is/let*, *Akitsu Quarterly*, *Stardust Haiku*, *Human/Kind* and numerous other journals.

**Debbie Strange** is an internationally published short form poet, haiga artist and photographer whose creative passions bring her closer to the world and to herself. She



maintains a publication and awards archive at [debbiemstrange.blogspot.com](http://debbiemstrange.blogspot.com) which also includes hundreds of haiga, and reviews of her books. Please visit her on Twitter @Debbie\_Strange.

**Bill Waters** loves to write micropoetry, photo and video poetry, ekphrastic poetry, found verse, and compressed prose. He also runs the Poetry in Public Places Project on Facebook. Bill lives in Pennington, New Jersey, U.S.A., with his wonderful wife and their two amazing cats.